

CURRICULUM VITAE

Amy F. Sato, Ph.D.

Business Address

Kent State University
Department of Psychological Sciences
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Professional Positions

- 8/19-Present Associate Professor (tenure-track)
Department of Psychological Sciences
Kent State University
- 1/12-8/19 Assistant Professor (tenure-track)
Department of Psychological Sciences
Kent State University
- 6/09 – 6/11 T32 Postdoctoral Fellowship in Child Mental Health
Department of Child and Adolescent Psychiatry
Rhode Island Hospital
Alpert School of Medicine at Brown University
- ### Education
- 7/08 – 6/09 A.P.A. approved Pre-Doctoral Internship in Clinical Psychology
Child Clinical track, Pediatric Psychology sub-track
Alpert School of Medicine at Brown University
- 8/03 – 5/09 Ph.D. University of Wisconsin-Milwaukee
A.P.A. approved program in Clinical Psychology
Receipt of Ph.D., May 17, 2009
Minor: Quantitative Methods
Cumulative GPA: 4.00/4.00
Dissertation: “The Relationship between Pediatric Chronic Pain and
Global Impairment: Moderating Effects of Social Consequences of Pain
and Demographic Characteristics”
- M.S. Clinical Psychology, May 2006
University of Wisconsin-Milwaukee
Thesis: “Assessing Social Consequences in Pediatric Chronic Pain:
Psychometric Properties of Youth and Parent Versions of the Social
Consequences of Pain Questionnaire”
- 9/99 – 5/03 B.A. Hope College, Magna Cum Laude
Majors: Psychology and Chemistry; Minor: Spanish
Phi Beta Kappa
Cumulative GPA: 3.74/4.00

Sato, Amy F.

Metrics

Web of Science, h-index = 15

Google Scholar, h-index = 20

Selected Awards

- 2015 **National Institutes of Health Loan Repayment Program Renewal Award, *Biobehavioral Influences on Stress-Induced Eating in Low-Income Adolescents***
- 2015 **Paper of the Year Award for 2014, *Stress and Health*, ‘Stress and pediatric obesity: What we know and where to go.’ Volume 30, Issue 2. *Mentored student as first-author.* (Paper has been **cited** 71 times as of 3/15/23)**
- 2014 **Faculty Incentive Award, Division of Research and Sponsored Programs, Kent State University**
- 2014 **Loan Repayment Program Award, National Institutes of Health, *Cortisol Reactivity and Stress-Induced Eating in Obese and Lean Low-Income Adolescents***

Memberships in Societies

American Psychological Association

Society of Clinical Child and Adolescent Psychology, APA Div. 53

Society of Pediatric Psychology, APA Div. 54 (Obesity SIG)

Grant Activity and Research Support

Extramural – Under Review as PI or Co-I

Faculty Role: PI

Agency: National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

Title: Does Self-Compassion Buffer the Effects of Weight Stigma and Biobehavioral Responses to Stress Among Adolescents with Overweight and Obesity?

R21 HD115218-01

Amount Requested: \$440,664.10 (Direct Costs \$275,000)

Date Submitted: 06/16/2023

Proposed Start/End Date: 04/01/2024 – 03/31/2026

Contribution to the Department: 1 FT graduate student; summer funding Sato, Himmelstein, and Was; likely to provide foundation for larger projects; indirects

Status: Under Review

Faculty Role: Co-I (PI Coifman)

Agency: National Institutes of Health, National Institute of Mental Health (NIMH)

Title: Consumptive Behavior and the Transition to College: Modelling Social, Emotional and Contextual Factors in Behavioral Risk

R01 MH136655-01

Amount Requested: \$3,562,585.24 (Direct Costs \$2,373,426)

Date Submitted: 07/20/2023

Proposed Start/End Date: 04/01/2024 – 03/31/2029

Sato, Amy F.

Contribution to the Department: 1 FT graduate student, 4 PT grad student funding; AY/summer funding for Coifman, Gunstad, Sato, Lechner, and full-time postdoc; indirects

Status: Under Review

Extramural – Funded as PI or Co-I

Faculty Role: Co-I (PI Flessner)

Agency: National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

Title: The Food Allergy Superheroes Training (FAST) Program: Increasing Adherence to Food Allergy Safety Guidelines; R21HD098450

Amount: \$434,945 (Direct Costs \$289,505; Indirect Costs \$145,439)

Date Submitted: 06/2018. Awarded 07/19.

Start/End Date: 07/01/19 - 06/30/21; No cost extension 07/01/21 – 06/30/23

Contribution to the Department: graduate student funding; partial summer funding for 2 Psychology faculty; likely to provide foundation for larger projects; indirects

Status: Funded

Faculty Role: PI

Agency: National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

Title: Reducing Emotional Eating in Obese Low-Income Adolescents with Mindfulness-Based Behavioral Weight Management; R21HD095099

Amount: \$436,665 (Direct Costs \$309,898; Indirect Costs \$126,767)

Date Submitted: 06/17 (1st submission); 03/18 (2nd submission). Awarded 01/19.

Start/End Date: 01/17/19 - 12/31/20; No cost extension 01/01/21 – 12/31/22

Contribution to Department: 2 years of graduate student funding; partial summer funding for 2 Psychology faculty; likely to provide foundation for larger projects; indirects

Status: Funded

Faculty Role: PI

Agency: National Institutes of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

Title: Biobehavioral Influences on Stress-Induced Eating in Low-Income Adolescents; R03HD079509

Date Submitted: 06/2013

Amount: \$152,000 (Directs \$103,000, Indirects \$49,000)

Start/End Date: 06/01/2014 – 05/31/2016; no cost extension period 06/01/2016 – 05/31/2018

Contribution to Department: 2 years of graduate student funding; partial summer funding for 3 Psychology faculty; data for larger projects; indirects

Status: Funded

Faculty Role: Co-I (PI Spitznagel)

Agency: Dairy Research Institute (Federal Funding)

Sato, Amy F.

Title: Is Milk the Drink that Helps Kids Think?

Date Submitted: 12/2013 (initial submission); 6/2014 (resubmission)

Amount: \$120,000

Start/End Date: 07/01/2014 – 06/30/2016

Contribution to the Department: 1 year of graduate student funding; summer funding for 3 Psychology faculty and AY funding (1 course buyout) for 1 Psychology faculty; likely to provide foundation for larger projects; indirects

Status: Funded

Extramural – Funded, Other Roles

Faculty Role: Consultant/Data Safety Officer, Data Safety and Monitoring Board (PI Goldschmidt)

Agency: National Institutes of Health, National Heart, Lung, and Blood Institute (NHLBI)

Title: Eating-Related Self-Regulation and Its Neural Substrates as Mechanisms Underlying the Sleep/Eating Behavior Association in Children with Overweight/Obesity: An Ecological Momentary Assessment Study; R01HL147914

Amount: \$2,884,123 (Direct Costs \$2,189,731)

Start/End Date: 8/15/19 - 7/31/24 (Safety Officer 8/1/20 – current)

Contribution to the Department: Dr. Sato acquires expertise in monitoring of safety and conduct of human subjects research.

Status: Funded

Faculty Role: Psychology Fellow (PI Fritz)

Agency: National Institute of Health, National Institute of Mental Health (NIMH)

Title: Research Training in Child Mental Health; 5-T32-MH19927-15

Start/End Date: 06/30/2009 – 06/29/2011

Contribution to the Department: None.

Status: Funded

Faculty Role: Project Facilitator and Therapist (PI Jelalian)

Agency: National Institute of Health, Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)

Title: Parental Involvement as a Strategy to Enhance Adolescent Weight Control; R03HD060137

Start/End Date: 07/29/2010 – 06/29/2011

Contribution to the Department: None.

Status: Funded

Extramural –Unfunded Applications

Faculty Role: Collaborator (PI Neal-Barnett)

Agency: National Institutes of Health

Title: IMPROVE

Research Center of Excellence for the study of the role of Black maternal mental health on severe maternal morbidity.

Sato, Amy F.

Direct Costs Requested: \$10,000,000.00

Date of Initial Submission: 12/2022

Contribution to the Department: Salary support for multiple faculty members, indirects

Status: Unfunded

Faculty Role: Co-I (PI Caldwell)

Agency: National Eating Disorders Association

Title: Outcomes of an Early Intervention for Disordered Eating Among Adolescent Athletes: A Pilot Study

Date Letter of Intent Submitted: 09/2022

Amount: \$71,700

Contribution to the Department: Pilot data to support larger scale grant submission

Start/End Date: 03/2023 – 04/2025

Status: Unfunded

Faculty Role: Co-I (PI Duncan)

Agency: APA Division 54, Society for Pediatric Psychology, Anti-Racism Grant Competition

Title: Beyond the Barriers: Developing Graduate Anti-Racism Training

Date of Initial Submission: 10/2020

Start/End Date: 01/2021 – 12/2021

Amount: \$12,870

Contribution to the department: Diversity, equity, and inclusion training for graduate students.

Status: Unfunded

Faculty Role: Role: PI

Agency: Society of Pediatric Psychology Targeted Research Grant (2016 Funding Year)

Title: Development of a Novel Mindfulness-Based Stress Reduction Intervention to Improve Behavioral Weight Management among Obese Low-Income Adolescents

Date of Initial Submission: Letter of Intent submitted 06/01/2015, Full Proposal 09/15/2015

Start/End Date: 01/01/2016 – 12/31/2015

Contribution to the Department: Pilot data to support larger scale grant submission

Status: Unfunded

Intramural – Funded as PI or Co-PI

*Intramural Award to Support Undergraduate Student Research Mentoring

***Faculty Role:** PI/Mentor

Source: Office of Student Research, Kent State University

Title: Summer Undergraduate Research Experience (SURE) Program

Amount: N/A

Start Date and Duration: 05/2023; Summer 2023

Contribution to Department: Intensive mentorship of an undergraduate research intern (Sidney Im)

Sato, Amy F.

Status: Funded

Faculty Role: PI

Agency: Applied Psychology Center, Dept. of Psychological Sciences, Kent State University

Title: Faculty Fellowship

Amount: N/A

Start Date and Duration: January – May 2023 (Spring 2023 semester)

Contribution to Department: Submission of grant application to NIH

Status: Funded

Faculty Role: Co-PI

Agency: Brain Health Research Institute (BHRI), COVID-19 Pilot Funding Program

Title: Adolescent Stress and Eating Disorder Severity During the COVID-19 Pandemic: Examining Intrapersonal and Interpersonal Factors that May Buffer this Association

Amount: \$20,000

Start/End Date: 10/1/2020 – 9/30/2021; No-Cost Extension 10/1/2021-5/30/2023; Date of submission: 9/1/2020

Contribution to Department: Summer funding for one graduate and undergraduate student; new collaboration with the Division of Adolescent Medicine's Eating Disorder's Program at Akron Children's Hospital; pilot data for future grant applications

Status: Funded

***Faculty Role:** PI/Mentor

Source: Office of Student Research, Kent State University

Title: Summer Undergraduate Research Experience (SURE) Program

Amount: N/A

Start Date and Duration: 05/2020; Summer 2020

Contribution to Department: Intensive mentorship of two undergraduate research interns (Jessica Livingston and Jordan Smith)

Status: Funded

***Faculty Role:** PI/Mentor

Source: Applied Psychology Center, Psychology Department, Kent State University

Title: Undergraduate Research Internship

Amount: N/A

Start Date and Duration: 05/2019; Summer 2019

Contribution to Department: Intensive mentorship of an undergraduate research intern (Steven Neville)

Status: Funded

***Faculty Role:** PI/Mentor

Source: Office of Student Research, Kent State University

Sato, Amy F.

Title: Summer Undergraduate Research Experience (SURE) Program
Amount: N/A
Start Date and Duration: May 2019; Summer 2019
Contribution to Department: Intensive mentorship of an undergraduate research intern (Christian Ward)
Status: Funded

Faculty Role: PI
Source: Research and Sponsored Programs, Kent State University
Title: Summer 2018 Research Appointment: Development of a Novel Behavioral Weight Control Intervention for Low-Income Overweight Adolescent
Amount: \$10,000
Start/End Date: 05/2018-08/2018
Contribution to Department: Provide pilot funding for collection of data to be used as part of larger-scale NIH application. Research training opportunities for undergraduate and graduate students as part of pilot data collection. Development of future NIH proposal.
Status: Funded

Faculty Role: PI
Source: University Research Council, Kent State University
Title: Research Activity Support Request: Awarded to support data examining a novel Mindfulness Based Weight Control Intervention.
Amount: \$2,500
Start/End Date: 09/01/2018 – 09/01/2019
Contribution to Department: Provide pilot funding for collection of data to be used as part of larger-scale NIH application.
Status: Funded

***Faculty Role:** PI/Mentor
Source: Applied Psychology Center, Psychology Department, Kent State University
Title: Undergraduate Research Internship
Amount: N/A
Start/End Date: 05/2018; Summer 2018
Contribution to Department: intensive mentorship of an undergraduate research intern (Monica Faust)
Status: Funded

***Faculty Role:** PI/Mentor
Source: Applied Psychology Center, Psychology Department, Kent State University
Title: Undergraduate Research Internship
Amount: N/A
Start/End Date: 05/2014; Summer 2014

Sato, Amy F.

Contribution to Department: intensive mentorship of an undergraduate research intern.

Status: Funded

Faculty Role: PI

Source: Research and Sponsored Programs, Kent State University

Title: Summer Research and Creative Activity Appointment

Start/End Date: Summer 2015

Contribution to Department: Summer funding for psychology faculty PI

Status: Funded November 25, 2014. Following receipt of the award, no longer eligible for this appointment due to alternate summer funding provided by extramural grant support.

Faculty Role: PI

Agency: Applied Psychology Center, Psychology Department, Kent State University

Title: Faculty Fellowship

Amount: N/A

Start Date and Duration: Spring 2014 semester

Contribution to Department: Submission of grant application to NIH

Status: Funded

Faculty Role: PI

Agency: Applied Psychology Center, Psychology Department, Kent State University

Title: Early Career Faculty Fellowship

Amount: Award for one course release during Spring 2013.

Start Date and Duration: Spring 2013 semester

Contribution to Department: Submission of grant application to NIH

Status: Funded

Faculty Role: PI

Source: Initiative for Clinical and Translational Research (ICTR), Kent State University and Akron Children's Hospital

Title: Stress-Induced Eating in Pediatric Obesity: Examining Cortisol Reactivity and Snack Food Intake In Low-Income Adolescents

Amount: \$10,000

Start/End Date: 05/01/2012 - 05/01/2013

Contribution to Department: Pilot data for larger grant application, new collaboration with ACH likely to support success of future collaborations and proposals.

Status: Funded

***Faculty Role:** PI/Mentor

Source: Applied Psychology Center, Psychology Department, Kent State University

Sato, Amy F.

Title: Undergraduate Research Internship

Amount: N/A

Start/End Date: 09/2012; Fall 2012 semester

Contribution to Department: Intensive mentorship of an undergraduate research intern during the Fall 2012 semester.

Status: Funded

Intramural – Unfunded Applications

Faculty Role: Co-PI

Agency: Cleveland Brain Health Institute (CBHI), Case Western Reserve University COVID-19 Pilot Grant Program

Title: Moderators of Treatment Outcome During the COVID-19 Pandemic

Date of submission: 5/16/2020

Amount: \$20,000

Contribution to Department: Summer funding for one graduate student; pilot data for future applications as well as papers/presentations.

Status: Unfunded

Faculty Role: PI

Source: Farris Family Innovation Award, Kent State University

Title: Reducing Emotional Eating in Obese Low-Income Adolescents with Mindfulness-Based Behavioral Weight Management

Amount: \$8,000

Date Submitted: 02/02/2018

Contribution to Department: Pilot data to support larger grant submission.

Status: Unfunded

Faculty Role: PI

Source: Innovation Research Seed Program Application, Kent State University

Title: Cortisol Reactivity and Stress-Induced Eating in Low-Income Obese and Lean Adolescents

Amount: \$30,000

Date Submitted: 4/2012

Contribution to Department: Pilot data to support larger grant submission.

Status: Unfunded

Editorial Positions and Associated Activities

Associate Editor

06/2021-present

Children's Health Care, Associate Editor

02/2021-09/2022

Special Issue on Pediatric Aspects of COVID-19, Children's Health Care, Associate Editor in conjunction with Carolyn Ievers-Landis Ph.D.

Editorial Board Member

01/2022 – present

Clinical Practice in Pediatric Psychology

01/2020 – 12/2021

Stress and Health

07/2017 – 07/2019

Journal of Adolescent and Family Health

Sato, Amy F.

12/2013 – 12/2018, *Journal of Pediatric Psychology*

12/2019 – present

06/2013 – present *Children's Health Care*

Ad-hoc Editorial Board Member

Journal of Developmental and Behavioral Pediatrics, Special Supplement: Novel Correlates, Treatment or Prevention of Pediatric Obesity in a Developmental Framework with a Cultural or Interdisciplinary Context

Ad-Hoc Reviewer

American Journal of Preventive Medicine, Annals of Behavioral Medicine, Appetite, Behavioral Medicine, BMC Pediatrics, Child Maltreatment, Childhood Obesity, Clinical Obesity, Clinical Practice in Pediatric Psychology, Eating Behaviors, Health Education Research, Health Psychology, Journal of Consulting and Clinical Psychology, Journal of Developmental and Behavioral Pediatrics, Journal of Early Adolescence, Journal of Obesity, Journal of Pediatrics, Obesity, Obesity Reviews, Pediatrics, PLOS One, Stress and Health

NIH Grant Review Panels

Ad-Hoc Reviewer, Psychosocial Risk and Disease Prevention study section (PRDP)

Prevention and Health Behavior Integrated Review Group

SRO: Stacey Fitzsimmons, Ph.D.

Chair: John Jakicic, Ph.D.

Dates: 10/29/2018 – 10/30/2018 (duties: review R01, R03, and R21 applications)

National Institutes of Health (NIH)

Ad-Hoc Reviewer, Psychosocial Risk and Disease Prevention study section (PRDP)

Prevention and Health Behavior Integrated Review Group

SRO: Stacey Fitzsimmons, Ph.D.

Chair: John Jakicic, Ph.D.

Dates: 06/29/2020 – 07/01/2020 (duties: review R01 and R21 grant applications)

National Institutes of Health (NIH)

Ad-Hoc Reviewer, Lifestyle Change and Behavioral Health study section (LCBH)

Risk, Prevention and Health Behavior Integrated Review Group

SRO: Ahlshia J. Shipley, Ph.D.

Chair: Gareth Dutton Ph.D.

Dates: 02/18/2021 – 02/19/2021 (duties: review R01, R21, and R15 applications)

National Institutes of Health (NIH)

Ad-Hoc Reviewer, Digestive Diseases and Nutrition Career Development Study Section (DDK-C)

Sato, Amy F.

National Institute of Diabetes and Digestive and Kidney Diseases Initial Review Group

SRO: Maria Davila-Bloom, Ph.D.

Chair: Don C. Rokey, M.D.

Dates: 06/15/2022 – 06/17/2022 (duties: review K23 and K01 applications)

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK),
National Institutes of Health (NIH)

Ad-Hoc Reviewer, Digestive Diseases and Nutrition Career Development Study Section (DDK-C)

National Institute of Diabetes and Digestive and Kidney Diseases Initial Review Group

SRO: Peter J. Kozel, Ph.D.

Chair: Don C. Rokey, M.D.

Dates: 10/26/2022 – 10/28/2022 (duties: review K23, K01, and R03 applications)

National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK),
National Institutes of Health (NIH)

Peer-Reviewed Journal Manuscripts

*Mentored as graduate student by Dr. Sato; **Mentored as undergraduate by Dr. Sato

Published Manuscripts

1. *West, C. E. & **Sato, A. F.** (2023). Weight and disordered eating among adolescents from low-income backgrounds. *Eating Behaviors, 50*, 101768. Advance online publication. <https://doi.org/10.1016/j.eatbeh.2023.101768>
2. **Sato, A. F.**, *Darling, K. E., *Ruzicka, E. B., *Fahrenkamp, A. J., *Shields, C. V., *West, C. E. & Schuler, S. M. (2023). A biobehavioral examination of emotional eating in adolescents: Evaluating the role of acute cortisol stress reactivity in the context of a multi-method assessment of eating in response to stress. *Appetite, 184*, 106486. <https://doi.org/10.1016/j.appet.2023.106486>
3. *Darling, K. E., *West, C. E., Jelalian, E., Putt, G. E., & **Sato, A. F.** (2023). The buffering effect of family support on the association between weight-based teasing and adolescent weight management outcomes. *Journal of Family Psychology*. Advance online publication. doi: <https://dx.doi.org/10.1037/fam0001084>
4. *Frank, M. L. & **Sato, A. F.** (2023). Food insecurity and depressive symptoms among adolescents: Does federal nutrition assistance act as a buffer? *Journal of Developmental and Behavioral Pediatrics, 44*(1), 41-48. doi:10.1097/DBP.0000000000001143
5. *Darling, K. E., van Dulmen, M., Putt, G., & **Sato, A. F.** (2023). Early weight loss in adolescent weight management: The role of the home environment. *Clinical Practice in Pediatric Psychology, 11*(1), 84-93. <https://doi.org/10.1037/cpp0000434>.
6. *Darling, K. E., *Ruzicka, E. B., *Shields, C. V., Putt, G., & **Sato, A. F.** (2022). Barriers to weight management in adolescence: Measure adaptation among adolescents presenting to an interdisciplinary weight management clinic. *Journal of Child Health Care, 0*(0), 1-11. DOI: 10.1177/13674935221087573. Publication online ahead of print.

7. *Frank, M. L., & **Sato, A. F.** (2022). A multi-informant assessment of food security in adolescents: Discordance in self-report and parent-proxy report. *Journal of Hunger and Environmental Nutrition*. Advance online publication. <https://doi.org/10.1080/19320248.2022.2117002>
8. *Shields, C. V., *Hultstrand, K. V., *West, C. E., Gunstad, J. J., & **Sato, A. F.** (2022). Disinhibited eating and executive functioning in children and adolescents: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health*, *19*(20), 13384.
9. *West, C. E., *Shields, C. V., *Hultstrand, K. V., *Frank, M. L., & **Sato, A. F.** (2022). Pandemic-related parental distress: Examining associations with family meals and child feeding practices during the COVID-19 pandemic. *Children's Health Care*, *51*(1), 79-100. <https://doi.org/10.1080/02739615.2021.1967754>
10. *Frank, M. L., Sprada, G. B., *Hultstrand, K. V., *West, C. E., **Livingston, J. A., & **Sato, A. F.** (2021). Toward a deeper understanding of food insecurity among college students: Examining associations with emotional eating and biological sex. *Journal of American College Health*. doi: 10.1080/07448481.2021.1936536.
11. *Ruzicka, E. B., *Darling, K. E., & **Sato, A. F.** (2021) Controlling child feeding practices and child weight: A systematic review and meta-analysis. *Obesity Reviews*, *22*(3), e13135. <https://doi.org/10.1111/obr.13135>
12. *West, C. E., *Darling, K. E., *Ruzicka, E. B., & **Sato, A. F.** (2021). Household income and loss of control eating in adolescence: Examining the role of food insecurity. *Appetite*, *165*, 105291.
13. *Darling, K. E., *Ruzicka, E. B., *Fahrenkamp, A. J., Putt, G., & **Sato, A. F.** (2020). Parent perceived barriers to pediatric weight management: Measure validation in a clinical sample. *Families, Systems, and Health*, *38*(2), 130-138.
14. Anderson, J. R., Gunstad, J., **Sato, A. F.**, Updegraff, J., & Spitznagel M. B. (2020). Biological sex and glucoregulation modulate postprandial cognition following dairy milk and fruit juice in healthy school-age children. *Nutritional Neuroscience*, *23*(5), 374-383.
15. *Darling, K. E., *Ruzicka, E. B., *Fahrenkamp, A. J., & **Sato, A. F.** (2019). Perceived stress and obesity-promoting eating behaviors in adolescence: The role of parent-adolescent conflict. *Families, Systems, and Health*, *37*(1), 62-67.
16. *Fahrenkamp, A. J., *Darling, K. E., *Ruzicka, E. B., & **Sato, A. F.** (2019). Food cravings and eating: The role of experiential avoidance. *International Journal of Environmental Research and Public Health*, *16*(7), 1181; <https://doi.org/10.3390/ijerph16071181>
17. *Fahrenkamp, A. J., *Darling, K. E., Ruzicka, E. B., & **Sato, A. F.** (2018). Maternal depressive symptoms mediate the association between socio-economic status and adolescent weight outcomes: A longitudinal analysis. *Maternal and Child Health Journal*, *22*(10), 1462-1469.
18. *Darling, K. E., **Sato, A. F.**, van Dulmen, M., Flessner, C., & Putt, G. (2018). Development of a measure to assess parent perceptions of barriers to healthy child weight management. *Childhood Obesity*, *14*, 89-98.
19. *Darling, K. E., *Fahrenkamp, A. J., *Ruzicka, E. B., Levitt, M., Broerman, L., & **Sato, A. F.** (2018). Provider perceptions of obesity management in clinical practice. *Children's Health Care*, *48*(1), 90-102.

20. *Darling, D. E., *Fahrenkamp, A. J., *Ruzicka, E. B., & **Sato, A. F.** (2018). Controlling feeding practices mediate the association between food insecurity and parent-reported child BMI percentile. *Children's Health Care, 47*(3), 275-288.
21. *Fahrenkamp, A. J., & **Sato, A. F.** (2018). Child-specific, maternal, and environmental stressors in the context of adolescent weight outcomes. *Children's Health Care, 47*(4), 397-415.
22. *Ruzicka, E. B., *Darling, K. E., *Fahrenkamp, A. J., & **Sato, A.F.** (2018) Familial influences on the use of controlling feeding practices with adolescents. *Appetite, 127*, 155-162.
23. *Darling, K. E., *Fahrenkamp, A. J., *Wilson, S. M., D'Auria, A. L., & **Sato, A. F.** (2017). Physical and mental health outcomes associated with prior food insecurity among young adults. *Journal of Health Psychology, 22*(5), 572-581.
24. *Darling, K. E., & **Sato, A. F.** (2017). Systematic review and meta-analysis examining the effectiveness of mobile health technologies in using self-monitoring for pediatric weight management. *Childhood Obesity, 13*(5), 347-355.
25. Hughes, J. W., Goldstein, C. M., Logan, C., Mulvany, J. L., Hawkins, M. A. W., **Sato, A. F.**, & Gunstad, J. (2017). Controlled testing of novel portion control plate produces smaller self-selected portion sizes compared to regular dinner plate. *BMC Obesity, 4*:30. DOI 10.1186/s40608-017-0167-z
26. *Darling, K. E., *Fahrenkamp, A. J., *Wilson, S. M., Karazsia, B. T. & **Sato, A. F.** (2017). Does social support buffer the association between stress eating and weight gain during the freshman year? Differences by gender. *Behavior Modification, 41*(3), 368-381.
27. **Sato, A. F.**, & *Fahrenkamp, A. J. (2016). From Bench to Bedside: Understanding Stress-Obesity Research Within the Context of Translation to Improve Pediatric Behavioral Weight Management. *Pediatric Clinics of North America, 63*(3), 401-423. PMID: 27261542
28. *Wilson, S. M., *Darling, K. E., *Fahrenkamp, A. J., D'Auria, A. L., & **Sato, A. F.** (2015). Predictors of emotional eating during adolescents' transition to college: Does body mass index moderate the association between stress and emotional eating?^[SEP] *Journal of American College Health, 63*(3), 163-170. doi:10.1080/07448481.2014.1003374. PMID: 25581624
29. Jelalian, E., Hadley W., **Sato, A. F.**, Kuhl, E., Rancourt, D., Oster, D., & Lloyd-Richardson, E. (2015). Adolescent weight control: An intervention targeting parent communication and modeling compared with minimal parent involvement. *Journal of Pediatric Psychology, 40*(2), 203-213. <https://doi.org/10.1093/jpepsy/jsu082> Published: 07 October 2014 PMID: 25294840
30. Francazio, S.K., *Fahrenkamp, A. J., D'Auria, A. L., **Sato, A. F.**, & Flessner, C. A. (2015). Parent psychopathology as a mediator of the relationship between anxiety and sleep problems in children. *Families, Systems, & Health, 33*(2), 146-154.
31. Rancourt, D., Barker, D. H., **Sato, A. F.**, Lloyd-Richardson, E. E., Hart, C. N., & Jelalian, E. (2014). Longitudinal associations among change in overweight status, fear of negative evaluation, and weight-related teasing among obese adolescents. *Journal of Pediatric Psychology, 39*(7), 697-707.
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Under Review Manuscripts

1. Darling, K. E., *Hultstrand, K. V., & **Sato, A. F.** (under review/revise and resubmit). Impact of perceived chronic stress and economic adversity on adolescent diurnal cortisol rhythms.
2. *Frank, M. L., *Korth, C. X., *Shields, C. V., *Hultstrand, K. V., Putt, G. P., Walston, M. W., Wulkan, M. L., Perusek, A. K., & **Sato, A. F.** (under review/provisionally accepted). Food insecurity predicts magnitude of early BMI change in a pediatric weight management intervention.
3. *Ruzicka, E., *Darling, K. E., *Fahrenkamp, A. C., & **Sato, A. F.** (under review). Perception of child feeding practices and adolescent outcomes in low-income households.
4. **Sato, A.F.**, *West, C. E., Fresco, D., Moore, S., & Jelalian, E. (under review/revise and resubmit). Open trial of a novel adolescent mindfulness-based weight control intervention: COVID-19 adaptations.

In Preparation Manuscripts

1. *Shields, C.V., Gunstad, J.J., & **Sato, A.F.** (in preparation). Associations among weight status, dietary restraint, and executive function in adolescents from low-income backgrounds.
2. *West, C. E., *Ruzicka, E., B., & **Sato, A. F.** (in preparation). The effect of minority stress on disordered eating: A meta-analysis.
3. *West, C.E., *Darling, K. E., *Ruzicka, E., B., & **Sato, A. F.** (in preparation). Food insecurity and eating behaviors among parents: Examining the role of stress.
4. *Ruzicka, E. B., *Darling, K. E., *West, C. E., *Fahrenkamp, A. J., *Shields, C. V. & **Sato, A. F.** (in preparation) The use of controlling feeding practices with socioeconomically diverse adolescents: The contribution of food insecurity.

Book Chapters, Commentaries, and Non-Peer Reviewed Publications

1. Ievers-Landis, C. E. & **Sato, A. F.** (2022). Commentary on *Pediatric aspects of the COVID-19 pandemic: A special issue of Children's Health Care*. *Children's Health Care*, 51(4), 355-361.
2. **Sato, A. F.**, Simon, V., Jelalian, E. J., & Spirito, A. (2022). Recommendations for navigating the postdoctoral fellowship process, Ch. 24. In M. J. Prinstein *The Portable Mentor: Expert Guide to a Successful Career in Psychology*, 3rd Ed. Cambridge University Press. Online ISBN:9781108903264. <https://doi.org/10.1017/9781108903264>
3. **Sato, A. F.**, Simon, V., Jelalian, E. J., & Spirito, A. (2013). Recommendations for a postdoctoral fellowship, Ch. 21. In M. J. Prinstein *The Portable Mentor: Expert Guide to a Successful Career in Psychology*, 2nd Ed. NY: Springer.
4. **Sato, A. F.**, Jensen, C. D., & Jelalian, E. (2013). Obesity: Prevention and treatment. In M. D. Gellman & J. R. Turner (Eds.), *Encyclopedia of Behavioral Medicine*. New York: Springer
5. Jensen, C. D., **Sato, A. F.**, & Jelalian, E. (2013). Obesity: Causes and consequences. In M. D. Gellman & J. R. Turner (Eds.), *Encyclopedia of Behavioral Medicine*. New York: Springer.
6. Jensen, C. D., **Sato, A. F.**, & Jelalian, E. (2013). Obesity. In M. D. Gellman & J. R. Turner (Eds.), *Encyclopedia of Behavioral Medicine*. New York: Springer.
7. Jelalian, E., & **Sato, A. F.** (2012). Physical activity as treatment for obesity, Ch.7. In A. L. Meyer & T. P. Gullotta, *Physical Activity as Intervention: Promoting Health and Preventing Disease*. NY: Springer.
8. Jelalian, E. & **Sato, A. F.** (2011). Overeating and obesity. In G. P. Koocher & A. M. LaGreca, *Parent's Guide to Psychological First Aid: Helping Children and Adolescents Cope With Predictable Life Crises*. Oxford: Oxford University Press.
9. Wu, Y. P., **Sato, A. F.**, & Adams, C. D. (2009, April). Pediatric psychology: Crossing the lines of psychology and medicine. *The Next Generation: An Introduction to Medicine*, 5(3). Retrieved March 28, 2009, from <http://www.nextgenmd.org/vol5-3/pedpsych.html>

Newsletter Articles

1. Mitchell, M. & **Sato, A. F.** (2009). Diversity activities at the Midwest Conference: Plenary address and awards. *Progress Notes*, 33(2), 4.
2. **Sato, A. F.** & Robinson, K. E. (2009). Passing the baton. *Progress Notes*, 33(1), 10.
3. **Sato, A. F.** & Navsaria, N. (2008). Reflections on diversity training in pediatric psychology. *Progress Notes*, 32(2), 8.
4. **Sato, A. F.** (2007). Words of wisdom for students pursuing a career in pediatric psychology. *Progress Notes*, 31(3), 2.
5. **Sato, A. F.** (2007). Ideas for graduate student funding in pediatric psychology. *Progress Notes*, 31(1), 3.
6. Devine, K. A., & **Sato, A. F.** (2006). Changing of the guard. *Progress Notes*, 30(3), 3.

Poster/Paper Presentations & Published Abstracts

*Indicates first author is a graduate student mentored by Dr. Sato.

**Indicates undergraduate student mentored by Dr. Sato

International Meetings

1. *West, C. E. & **Sato, A. F.** (2022, June). *The effect of minority stress on disordered eating: A meta-analysis*. Poster session presented at the 2022 Virtual International Conference for Eating Disorders.
2. *West, C. E., Ruzicka, E. B., Frank, M. L., & **Sato, A. F.** (2021, March). *Examining the association between depressive symptoms and eating pathology among low-income adolescents: Racial differences among Black and White adolescents*. Poster presented virtually at the 2021 International Conference for Eating Disorders.
3. *Shields, C. V., *West, C.E., *Hultstrand, K. V., *Frank, M., Gunstad, J.J. & **Sato, A. F.** (2021, February) *Adolescent Eating in the Absence of Hunger: The Contributing Influence of Executive Functions*. Poster session presented at the 2021 Virtual International Neuropsychological Society Annual Meeting.
4. *West, C. E., *Ruzicka, E. B., *Shields, C. V., & **Sato, A. F.** (2020, June). *Dietary self-efficacy in the presence of food buffers the association between food insecurity and uncontrolled eating in low-income adolescents*. Poster session presented at the 2020 Virtual International Conference for Eating Disorders.
5. *Shields, C.V., *West, C.E., Gunstad, J.J., & **Sato, A.F.** (2020, February). *Relative Contribution of Adolescent and Parent Executive Functioning on Eating Behaviors and BMI among Low-Income Adolescents*. Poster presented at the 2020 International Neuropsychological Society Annual Meeting, Denver, CO.
6. Koinis Mitchell, D., McQuaid, E., Esteban, C., Kopel, S., Klein, B., Seifer, R., **Sato, A. F.**, Canino, G., & Fritz, G. (2008, October). *Ethnic differences in caregivers' report of children's asthma symptoms part II: What do they see, what do they hear, and what do they do?* Paper presented to the International Society for the Advancement of Respiratory Physiology in Ann Arbor, MI.
7. **Sato, A. F.**, Khan, K. A., Davies, W. H., Ladwig, R. J., Hainsworth, K. R., Ferrise, A. S., Hains, A. A., & Weisman, S. J. (2006, June). Impaired quality of life among pediatric patients referred to a specialty pain center. *Pain Research & Management, 11*(Suppl. B), 63B. Poster presented to the 7th International Symposium on Pediatric Chronic Pain in Vancouver, BC Canada.
8. **Sato, A. F.**, Hainsworth, K. R., Berlin, K. S., Davies, W. H., Hains, A. A., Ladwig, R. J., Khan, K. A., Ferrise, A. S., & Weisman, S. J. (2006, June). Social consequences of pain: Parent-child agreement and associations with child age and gender. *Pain Research & Management, 11*(Suppl. B), 63B. Poster presented to the 7th International Symposium on Pediatric Chronic Pain in Vancouver, BC Canada.
9. **Sato, A. F.**, Anderson, K., Ladwig, R. J., Davies, W.H., Hart, N., Ferrise, A. S., & Weisman, S.J. (2004, September). *School refusal behavior in youth with chronic pain: Research directions suggested by systematic case review*. Poster presented to the 5th International Forum on Pediatric Pain in Halifax, Nova Scotia, Canada.

National Meetings

1. *West, C. E., **Scott, L. N., **Sato, A. F.**, & Caldwell, K. L. (2023, April). *Examining factors related to adolescent stress during the COVID-19 pandemic within a hospital-based eating disorder clinic*. Poster session presented at the Society of Pediatric Psychology Annual Conference, Chicago, IL.

2. **Sato, A. F.**, *Forth, E. L., *West, C. E., *Frank, M. L., *Korth, C. X., Fresco, D. M., Moore, S. M., & Jelalian, E. (2023). *Randomized controlled pilot trial of a novel mindfulness-based pediatric weight management intervention delivered via telehealth to adolescents: Feasibility and acceptability*. Poster session presented at the Society of Pediatric Psychology Annual Conference, Chicago, IL.
3. *Frank, M. L., **Thomas, A. R., & **Sato, A. F.** (2023). *Food insecurity among youth participating in pediatric weight management interventions: A systematic review*. Poster session presented at the Society of Pediatric Psychology Annual Conference, Chicago, IL.
4. *West, C. E., *Forth, E., L, *Frank, M. L., *Korth, C. X., & **Sato, A. F.** (2022, November). *Internalized weight bias and maladaptive eating behaviors among parents during the COVID-19 pandemic*. Poster session presented at the 2022 The Obesity Society's hybrid ObesityWeek Conference.
5. *West, C. E., *Frank, M. L., & **Sato, A. F.** (2022, April). *The Buffering Effect of Regular Family Meals on the Association between Weight and Disordered Eating among Adolescents from Low-Income Backgrounds*. Poster session presented at the 2022 Society for Pediatric Psychology Annual Meeting, Phoenix, AZ.
6. *Forth, E. L., *West, C. E., *Hultstrand, K. V., & **Sato, A. F.** (2022, April). *Parental reports of COVID-19 family stress on family communication and satisfaction during the COVID-19 pandemic*. Poster session presented at the 2022 Society for Pediatric Psychology Annual Meeting, Phoenix, AZ.
7. *Frank, M. L., **Trizzino, O. N., & **Sato, A. F.** (2022, April). *A multi-informant assessment of food security in adolescents: Discordance in self-report and parent-proxy report*. Poster session presented at the 2022 Pediatric Psychology Annual Meeting in Phoenix, AZ.
8. *Shields, C.V., *Hultstrand, K.V., Walston, M., Perusek, A., Wulkan, M., Levitt, M., Putt, G.E., **Sato, A.F.** (2022, April). *Multifaceted Emotion Regulation and Eating Self-Efficacy in Adolescents with Obesity*. Poster session presented at the 2022 Pediatric Psychology Annual Meeting in Phoenix, AZ.
9. *West, C. E., *Ruzicka, E. B., & **Sato, A. F.** (2021, November). *Weight and Disordered Eating among Adolescents from Low-Income Backgrounds*. Poster session presented at the 2021 The Obesity Society's virtual ObesityWeek Conference.
10. **Sato, A. F.**, *West, C. E., Fresco, D. M., Moore, S. M., & Jelalian, E. (2021, November). *Open trial of a novel adolescent mindfulness-based weight control intervention: COVID-19 adaptations*. Poster session presented at the 2021 The Obesity Society's virtual ObesityWeek Conference.
11. *Shields, C. V., *Hultstrand, K. V., *Ruzicka, E. B., Smith, J., Putt, G., & **Sato, A. F.** (2021, April). *Quality of Life in Children Presenting for Weight Control Treatment: Individual and Environmental Factors*. Poster session presented at the 2021 Virtual Society of Pediatric Psychology Annual Meeting
12. *Frank, M. L., *West, C. E., *Hultstrand, K. V., **Hamby, J. K., Sprada, G. B., & **Sato, A. F.** (2021, April). *An examination of emotional eating among emerging adults: Understanding the role of food insecurity*. Poster session presented at the 2021 Virtual Society of Pediatric Psychology Annual Meeting
13. *Hultstrand, K. V., *Shields, C. V., *Ruzicka, E. B., *Frank, M. L., Goel, C., & **Sato, A. F.** (2021, March). *High family functioning buffers the effects of daytime sleepiness on*

- school performance stress among adolescents from low-income households*. Poster session presented at the 2021 Virtual Society of Pediatric Psychology Annual Meeting
14. *West, C. E., *Darling, K. E., & **Sato, A. F.** (2020, November). *Food insecurity and maladaptive eating behaviors among parents: Examining the role of stress*. Poster session presented at the 2020 The Obesity Society's virtual ObesityWeek Conference.
 15. *Darling, K. E., van Dulmen, M., Putt, G., & **Sato, A. F.** (2020, March). *Socioeconomic status and adolescent weight status: Associations between SES, SES-related psychosocial variables, and zBMI*. Poster session accepted for presentation at the 2020 Society for Pediatric Psychology Annual Meeting, Dallas, TX. (poster session cancelled due to COVID-19)
 16. *Frank, M. L., *West, C. E., *Ruzicka, E. B., *Fahrenkamp, A. J., & **Sato, A. F.** (2020, March). *Food availability within the home environment and adolescent body mass index: Does household food insecurity moderate this association?* Poster session accepted for presentation at the 2020 Society for Pediatric Psychology Annual Meeting, Dallas, TX. (poster session cancelled due to COVID-19)
 17. *Hultstrand, K. V., *Shields, C. V., *Ruzicka, E. B., *Darling, K. E., **Neville, S., & **Sato, A. F.** (2020, March). *Household Food Insecurity Exacerbates the Positive Association between Depressive Symptoms and Loss of Control Eating in Low-Income Adolescents*. Poster session accepted for presentation at the 2020 Society for Pediatric Psychology Annual Meeting, Dallas, TX. (poster session cancelled due to COVID-19)
 18. *Shields, C. V., *Hultstrand, K. V., *Ruzicka, E. B., **Ward, C., Putt, G., & **Sato, A. F.** (2020, March). *Food Insecurity Predicts Weight Change among Children and Adolescents in a Behavioral Weight Control Clinic*. Oral presentation selected to be presented virtually at the 2020 Society for Pediatric Psychology Obesity Special Interest Group Meeting. Poster session accepted for presentation at the 2020 Society for Pediatric Psychology Annual Meeting, Dallas, TX. (poster session cancelled due to COVID-19)
 19. *West, C. E., *Ruzicka, E. B., *Shields, C. V., & **Sato, A. F.** (2019, November). *Income-to-Needs Moderates the Effect of Dietary Restraint on zBMI Among Adolescents*. Poster session presented at the 2019 The Obesity Society's Obesity Week Conference, Las Vegas, NV.
 20. *Ruzicka, E. B., *Shields, C. V., *West, C. E., & **Sato, A. F.** (2019, November). *Dietary Self-Efficacy Longitudinally Predicts Increased Emotional Eating Among Adolescents*. Poster session presented at the 2019 The Obesity Society's Obesity Week Conference, Las Vegas, NV.
 21. *Ruzicka, E. B., *Shields, C. V., *West, C. E., *Darling, K. E., *Fahrenkamp, A. J., & **Sato, A. F.** (2019, April). *Associations between Controlling Feeding Practices and Dietary Self-Efficacy among Adolescents using a Multi-Informant Approach*. Poster presented at the 2019 Society for Pediatric Psychology Annual Meeting, New Orleans, LA.
 22. *Shields, C. V., *West, C. E., *Ruzicka, E. B., *Darling, K. E., & **Sato, A. F.** (2019, April). *The Association between Dietary Restraint and zBMI is Moderated by Inhibitory Control among Adolescents from Low-Income Backgrounds*. Poster presented at the 2019 Society for Pediatric Psychology Annual Meeting, New Orleans, LA.
 23. *Ruzicka, E. B., *Darling, K. E., *Shields, C. V., Putt, G., & **Sato, A. F.** (2018, November). *Food Insecurity and Quality of Life in Children Presenting to a Weight*

- Management Clinic*. Poster session presented at the 2018 Obesity Society Annual Meeting, Nashville, TN. (Top 10 Abstracts Award)
24. *Darling, K. E. & **Sato, A. F.** (2018, April) *Systematic Review and Meta-Analysis Examining the Effectiveness of mHealth Technologies Employing Self-Monitoring for Pediatric Obesity*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 25. *Ruzicka, E. B., *Darling, K. E., *Shields, C. V., *Fahrenkamp, A. J., **Stout, E., & **Sato, A. F.** (2018, April). *Food Insecurity Moderates the Relation between Income- to-Needs Ratio and Pressure to Eat Among Adolescents*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 26. *Shields, C.V., *Ruzicka, E. B., *Darling, K. E., *Fahrenkamp, A. J., **Deining, G. E., & **Sato, A. F.** (2018, April). *Mindfulness Mediates the Relation Between Depression and Emotional Eating in Adolescents*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 27. **Sato, A. F.**, *Darling, K. E., *Ruzicka, E. B., *Fahrenkamp, A. J., & Putt, G. (2018, April). *Barriers to a healthy family lifestyle: Measure development in a clinical sample*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 28. *Fahrenkamp, A. J., *Darling, K. E., *Ruzicka, E. B., **Sitz, A. L., & **Sato, A. F.** (2018, April). *Outcomes from a Multiple Baseline Study Piloting a Mindfulness-Based Intervention for Emotional Eating in Adolescents*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 29. **Adkins, K., *Darling, K. E., *Ruzicka, E. B., *Fahrenkamp, A. J., *Shields, C. V., **Ross, J., & **Sato, A. F.** (2018, April). *Income and child BMI percentile: examining the role of parental weight status*. Poster presented at the 2018 Society for Pediatric Psychology Annual Meeting, Orlando, FL.
 30. Anderson, J. R., Gunstad, J., **Sato, A.F.**, Updegraff, J., & Spitznagel, M. B. (2017, April). *Postprandial variability of cognitive inhibitory control following dairy milk versus fruit juice in children*. Poster presented at Experimental Biology. Poster presented at the American Society for Nutrition annual conference, Chicago, IL. Also published in *Nutrition*, Special Issue: Experimental Biology 2017 Meeting Abstracts 31(S1).
 31. *Fahrenkamp, A. J., *Darling, K. E., *Ruzicka, E. B., & **Sato, A. F.** (2017, March). *Parental experiential avoidance mediates the association between parent psychopathology and controlling child feeding practices*. Poster presented at the 2017 Society of Pediatric Psychology Annual Conference, Portland, OR.
 32. *Darling, K. E., Fahrenkamp, A. J., Ruzicka, E. B., & **Sato, A. F.** (2017, March). *Child BMI and Income: The moderating role of time demands*. Poster session presented at the 2017 Society for Pediatric Psychology Annual Conference, Portland, OR.
 33. *Ruzicka, E. B., Darling, K. E., Fahrenkamp, A. J., & **Sato, A. F.** (2017, March) *Exploring the accuracy of parental perception of adolescent weight status*. Poster presented at the 2017 Society for Pediatric Psychology Annual Conference, Portland, OR.
 34. *Ruzicka, E. B. & **Sato, A. F.** (2016, Nov) *Examining income differences in the use of child feeding practices among parents of adolescents*. Poster presented at the Obesity Society Annual Meeting, New Orleans, LA.
 35. *Fahrenkamp, A. J., Ruzicka, E. B., Darling, K. E., Sitz, A., & **Sato, A. F.** (2016, April). *Greater parental experiential avoidance is associated with poorer daily health habits in*

- youth*. Poster presented at the 2016 Society of Pediatric Psychology Annual Conference, Atlanta, GA.
36. *Ruzicka, E. B., Fahrenkamp, A. J., Darling, K. E., Ferrell, E., & **Sato, A. F.** (2016, April). *Examining the relation between income and healthy family behaviors affecting pediatric obesity risk*. Poster presented at the 2016 Society of Pediatric Psychology Annual Conference, Atlanta, GA.
 37. *Darling, K. E., Levitt, M., Broerman, L., Fahrenkamp, A. J., Ruzicka, E. B., & **Sato, A. F.** (2016, April). *Provider perceptions of pediatric obesity management in clinical practice*. Poster presented at the 2016 Society of Pediatric Psychology Annual Conference, Atlanta, GA.
 38. **Sato, A. F.**, Ruzicka, E. B., Darling, K. E., & Fahrenkamp, A. J. (2016, April). *Examining mindfulness within the context of pediatric obesity: Examining associations between mindfulness, perceived stress, and emotional eating*. Poster presented at the 2016 Society of Pediatric Psychology Annual Conference, Atlanta, GA.
 39. *Darling, K. E., Putt, G., & **Sato, A. F.** (2015, April). *Development of a measure to examine barriers to pediatric weight management within the family context*. Poster session presented at the 2015 Society of Pediatric Psychology Annual Conference, San Diego, CA.
 40. *Fahrenkamp, A. J., Darling, K. E., Ruzicka, E. B., & **Sato, A. F.** (2015, April). *Maternal depressive symptoms associated with greater adiposity in low-income adolescents*. Poster presented at the 2015 Society of Pediatric Psychology Annual Conference, San Diego, CA.
 41. *Ruzicka, E.B., Darling, K. E., Fahrenkamp, A. J., **Kitson, M. E., & **Sato, A. F.** (2015) *Examining the Relation between Weight Control Strategies and Eating Disorder Symptomatology in First Year College Females*. Poster presented at the Society for Pediatric Psychology Annual Meeting, April, 2015. Poster also presented at the Kent State Graduate Research Symposium, April, 2015.
 42. *Ruzicka, E.B., Darling, K. E., Fahrenkamp, A. J., **Kitson, M. E., & **Sato, A. F.** (2015) *Weight Related Experiential Avoidance Mediates the Relation Between Internalizing Symptoms and Emotional Eating in First Year College Students*. Poster presented at the Society for Pediatric Psychology Annual Meeting, April, 2015.
 43. *Darling, K. E., Wilson, S. M., D'Auria, A. L., Fahrenkamp, A. J., & **Sato, A. F.** (2014, November). *Parent feeding practices predicting adolescent emotional eating*. Poster session presented at the 2014 Association of Behavioral and Cognitive Therapy Annual Convention, Philadelphia, PA.
 44. *Darling, K. E., Fahrenkamp, A. J., Wilson, S. M., & **Sato, A. F.** (2014, November). *Prior food insecurity related to young adult BMI*. Poster session presented at the 2014 Association of Behavioral and Cognitive Therapy Annual Convention, Philadelphia, PA.
 45. *Fahrenkamp, A. J., Darling, K. E., Wilson, S. M., & **Sato, A. F.** (2014, November). *Weight-related psychological flexibility as a predictor of parental eating styles and body mass index among parents of adolescents*. Poster presented at the 2014 Association of Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
 46. *Fahrenkamp, A. J., Darling, K. E., Wilson, S. M., & **Sato, A. F.** (2014, November). *Experiential avoidance in parenting influences levels of mindfulness in adolescents*. Poster presented at the 2014 Association of Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.

47. D'Auria, A., *Fahrenkamp, A., Francazio, S., Herc, H., **Sato, A.F.**, & Flessner, C. (2014, March). *Maladaptive Parenting Practices Predict Sleep Problems in Children*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
48. D'Auria, A., **Malik, A. & **Sato, A.F.** (2014, March). *An Examination of Food Preparation Skills and Dietary Habits among Young Adults Transitioning to College*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
49. *Darling, K. E., Fahrenkamp, A. J., D'Auria, A. L., Wilson, S. M., **Malik, A., & **Sato, A. F.** (2014, March). *The relationship between perceived social support and weight gain is moderated by stress eating among males transitioning to college*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
50. *Darling, K. E., Wilson, S. M., D'Auria, A. L., Fahrenkamp, A. J., **Ruggles, C., & **Sato, A. F.** (2014, March). *Parental feeding practices and adolescent eating patterns related to parent-child conflict*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
51. *Fahrenkamp, A. J., Darling, K. E., Wilson, S. M., D'Auria, A. L., **Ruggles, C., & **Sato, A. F.** (2014, March). *Examining multiple SES determinants linking low-income status to BMI in adolescents*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
52. *Fahrenkamp, A. J., D'Auria, A., Darling, K. E., **Herc, H., & **Sato, A. F.** (2014, March). *Problematic drinking contributes to weight gain among late adolescents during the transition to college*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
53. *Wilson, S. M., Darling, K.E., Fahrenkamp, A.J., D'Auria, A.L. & **Sato, A.S.** (2014, March). *Influence of parental time demands on the association between stress and BMI in adolescents*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
54. Rancourt, D., Barker, D. H., **Sato, A. F.**, Lloyd-Richardson, E. E., Hart, C. N., & Jelalian, E. (2013, November). *Longitudinal associations among change in overweight status, fear of negative evaluation, and weight-related teasing among obese adolescents*. Poster presented to The Obesity Society Annual Scientific Meeting, Atlanta, GA.
55. Jelalian, E., Foster, G., **Sato, A. F.**, Berlin, K. S., McDermott, C., & Sundal, D. (2013, November). *Treatment adherence and facilitator characteristics in a community based pediatric weight control intervention*. Poster presented to The Obesity Society Annual Scientific Meeting, Atlanta, GA.
56. *Fahrenkamp, A., Wilson, S., **Bennett, B., & **Sato, A. F.** (April, 2013). *Psychological flexibility and food craving related to emotional eating in a critical period of weight gain*. Poster presented at the Society of Pediatric Psychology National Conference, New Orleans, LA.
57. *Wilson, S., Fahrenkamp, A., **Mance, G., **Shaheen, R., & **Sato, A. F.** (April, 2013). *The relationship between stress, dietary restraint, and emotional eating during adolescents' transition to college*. Poster presented at the Society of Pediatric Psychology National Conference, New Orleans, LA.
58. *Francazio, S., Fahrenkamp, A., Flessner, C., & **Sato, A. F.** (April, 2013). *Association between parent psychopathology and sleep problems in children*. Poster presented at the

- Society of Pediatric Psychology National Conference, New Orleans, LA.
59. Kuhl, E.S., Hadley, W., Lloyd-Richardson, E., Oster, D., **Sato, A.F.**, & Jelalian, E. (2012, September). *Decreases in Maternal Criticism Are Associated with Positive Weight Outcomes for Adolescents Participating in a Weight Management Program*. Poster presented at The Obesity Society Annual Meeting. September, San Antonio, Texas.
 60. Jelalian, E., Hadley, W., Lloyd-Richardson, E., Kuhl, E., Oster, D., & **Sato, A.F.** (2012, September). *Pilot RCT Examining Parental Involvement in Adolescent Weight Control*. Poster presented at The Obesity Society Annual Meeting. September, San Antonio, Texas.
 61. Jelalian, E., **Sato, A. F.**, Hadley, W., Lloyd Richardson, E., & Oster, D. (2011, October). *Parental involvement in adolescent weight control: Preliminary findings*. Poster presented to The Obesity Society 2011 Annual Scientific Meeting.
 62. **Sato, A. F.**, Tortolani, C., Jelalian, E., & Hart, C. (2010, October). *Impact of Weight Control Intervention on Adolescents' Physical Activity and Sedentary Behavior*. Poster presented to The Obesity Society 2010 Annual Scientific Meeting, San Diego, CA.
 63. Jelalian, E., **Sato, A. F.**, Hart, C., Lloyd Richardson, E., & Mehlenbeck, R. (2010, October). *Two Year Follow Up of a Behavioral Adolescent Weight Control Intervention*. Poster presented to The Obesity Society 2010 Annual Scientific Meeting, San Diego, CA.
 64. **Sato, A. F.**, Jelalian, E., & Hart, C. (2010, November). *Role of self-efficacy among adolescents participating in a weight control intervention*. Poster presented to the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
 65. Jelalian, E., **Sato, A. F.**, & Hart, C. (2010, November). *Impact of weight control intervention on adolescent social function*. Paper presented to the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
 66. Berlin, K. S., Davies, W. H., Silverman, A. H., **Sato, A. F.**, & Rudolph, C. D. (2008, November). *Reliability, validity, sensitivity, and specificity of the Mealtime Behavior Questionnaire*. Poster presented to the Association for Behavioral and Cognitive Therapies, Orlando, FL.
 67. Joseph, J. M., Gorodzinsky, A. Y., **Sato, A. F.**, Drendel A. L., Davies, W. H. (2008, April). *Role of Parent and Child Gender in the Treatment of Pre-School and Early School-Age Children's Pain: Results from a Community Sample*. Poster presented to the National Conference in Child Health Psychology, Miami, FL.
 68. **Sato, A. F.**, Simon, K., Joseph, J., Berlin, K. S., Kram, C., Drendel, A., & Davies, W. H. (2008, April). *Pain in preschool and early school-age children: Prevalence in a community sample and association with behavior*. Poster presented to the National Conference in Child Health Psychology, Miami, FL.
 69. Simon, K., **Sato, A. F.**, Hainsworth, K. R., Davies, W. H., Khan, K. A., & Weisman, S. J. (2008, April). *Pain catastrophizing and social support: The role of social consequences for youth with chronic pain*. Poster presented to the National Conference in Child Health Psychology, Miami, FL.
 70. Simon, K., **Sato, A. F.**, Hainsworth, K. R., Davies, W. H., Khan, K. A., & Weisman, S. J. (2008, April). *Social consequences of pediatric chronic pain: Concordance of multiple informants*. Poster presented to the National Conference in Child Health Psychology, Miami, FL.
 71. Berlin, K. S., **Sato, A. F.**, Jastrowski, K. E., & Davies, W. H. (2006, November). *Pediatric symptom checklist: Psychometric properties and confirmatory factor analysis of*

- the second order factor structure*. Poster presented to the 2006 Association for Behavioral and Cognitive Therapies, Chicago, IL.
72. **Sato, A. F.**, Berlin, K. S., Davies, W. H., Hains, A. A., Parton, E., & Alemzadeh, R. (2006, April). *Preferences of the 'ideal teacher' among adolescents with type 1 diabetes*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 73. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Wilson, C. M., Hains, A. A., Hainsworth, K. R., Khan, K. A., Ladwig, R. J., Ferrise, A. S., & Weisman, S. J. (2006, April). *Parent perceptions of social responses to their children's pain behaviors*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 74. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Hains, A. A., Hainsworth, K. R., Khan, K. A., Ladwig, R. J., Ferrise, A. S., & Weisman, S. J. (2006, April). *Factor structure of the social consequences of pain questionnaire: Replication and extension*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 75. Hainsworth, K. R., **Sato, A. F.**, Davies, W. H., Khan, K. A., Ladwig, R. J., & Weisman, S. J. (2006, April). *Methodological review of school absenteeism in pediatric chronic pain research*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 76. Clifford, L. M., **Sato, A. F.**, Davies, W. H., & Whelan, D. J. (2006, April). *Somatization symptoms in special needs adoption children*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 77. Hainsworth, K. R., Davies, W. H., Khan, K. A., Ladwig, R. J., Ferrise, A. S., Hains, A. A., **Sato, A. F.**, Silverman, A. H., & Weisman, S. J. (2006, April). *A questionnaire version of the child activity limitations interview: Reliability and validity*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 78. Hainsworth, K. R., Davies, W. H., Berlin, K. S., **Sato, A. F.**, & Silverman, A. H. (2006, April). *Pain reports by children at mealtime: Clinical and community samples*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 79. Khan, K. A., Ladwig, R. L., Davies, W. H., **Sato, A. F.**, Hainsworth, K. R., Ferrise, A., Hains, A. A., & Weisman, S. J. (2006, April). *School avoidance among complex pediatric chronic pain patients: Comparative case characteristics*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 80. Hains, A. A., Berlin, K. S., Davies, W. H., Smothers, M. K., & **Sato, A. F.** (2006, April). *Attributions of adolescents with type 1 diabetes related to performing self-care around friends and peers*. Poster presented to the National Conference on Child Health Psychology in Gainesville, FL.
 81. **Sato, A. F.**, Perona, M., Davies, W. H., Berlin, K. S., Clifford, L. M., & Hains, A. A. (2005, October). *Associations between school avoidance and the family environment*. Poster presented to the Association for the Advancement of Behavioral and Cognitive Therapies conference in Washington, DC.
 82. Jastrowski, K. E., Berlin, K. S., **Sato, A. F.**, & Davies, W. H. (2005, October). *Disclosure of attention deficit/hyperactivity disorder may minimize risk of social rejection*. Poster presented to the Association for the Advancement of Behavioral and Cognitive Therapies conference in Washington, DC. Poster also presented to the Wisconsin Psychological Association, Middleton, WI (2005, April).
 83. **Sato, A. F.**, Berlin, K. S., Davies, W. H., Danner, E., Bender, J., & Telega, G. W. (2004,

- October). *Perceived barriers to dietary adherence in response to a celiac disease diagnosis*. Poster presented to the Association for the Advancement of Behavior Therapy conference in New Orleans, LA.
84. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Telega, G. W., Danner, J., Bender, J. A., & Rudolph, C. D. (2004, April). *Parents' perceptions of barriers to dietary adherence in youth with celiac disease*. Poster presented to the National Conference on Child Health Psychology in Charleston, SC.
85. Berlin, K. S., Jastrowski, K. E., Davies, W. H., & **Sato, A. F.** (2004, April). *Relationship between perceived illness severity, illness uncertainty, and thought suppression in parents with children diagnosed with neurofibromatosis-1*. Poster presented to the National Conference on Child Health Psychology in Charleston, SC.
86. Witvliet, C. V. O., Root, L., **Sato, A. F.**, Ludwig, T. E. (2003, October). *Justice and forgiveness: Psychophysiological effects for victims*. Poster presented to the 43rd Annual Meeting of the Society of Psychophysiological Research (SPR) in Chicago, IL.

Regional Meetings

1. Korth, C. X., West, C. E., Frank, M. L., & **Sato, A. F.** (2023). *Rumination and eating behaviors among parents during the COVID-19 pandemic*. Poster presented to the 2023 Kent State University Graduate Research Symposium, Kent State University, Kent, OH.
2. **Sato, A. F.**, Lee, E., Brush, B., & Stroud, L. R. (2012, April). *Physiological stress response and body mass index: Cortisol reactivity in lean and overweight youth*. Poster presented to the 2012 Midwest Regional Conference in Pediatric Psychology in Milwaukee, WI.
3. **Sato, A. F.**, Oster, D., Jelalian, E., & Hadley, W. (2012, April). *Parents, teens, and weight management: The role of changes in parent behavior and perceptions of responsibility for weight control within and adolescent weight control trial*. Poster presented to the 2012 Midwest Regional Conference in Pediatric Psychology in Milwaukee, WI.
4. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Joseph, J. M., Khan, K. A., & Weisman, S. J. (2009, April). *The relationship between pediatric chronic pain and global impairment: Moderating effects of social consequences of pain*. Poster presented to the 2009 Midwest Conference on Pediatric Psychology in Kansas City, MO.
5. **Sato, A. F.**, Berlin, K. S., Hains, A. A., Davies, W. H., Smothers, M. K., Clifford, L. M., & Alemzadeh, R. (2007, April). *Teacher support of adherence for adolescents with type 1 diabetes: Perceptions as a function of gender and preferred supportive behaviors*. Poster presented to the 2007 Regional Child Health Psychology Conference in Cincinnati, OH.
6. **Sato, A. F.**, Khan, K. A., Hainsworth, K. R., Weisman, S. J., & Davies, W. H. (2007, April). *Associations between social responses to pain behaviors and quality of life in pediatric chronic pain*. Poster presented to the 2007 Regional Child Health Psychology Conference in Cincinnati, OH.
7. Clifford, L. M., Holman, K. S., **Sato, A. F.**, Whelan, D. J., & Davies, W. H. (2007, April). *The relationship between chronic conditions among special needs adoptees and parent stress levels*. Poster presented to the 2007 Regional Child Health Psychology Conference in Cincinnati, OH.

8. Rahemtulla, M. A., Hainsworth, K. R., **Sato, A. F.**, Khan, K. A., Ladwig, R. J., Garwood, M. M., Weisman, S. J., & Davies, W. H. (2007, April). *Clinical presentations of children with Fabry's Disease referred to a multidisciplinary pain clinic*. Poster presented to the 2007 Regional Child Health Psychology Conference in Cincinnati, OH.
9. Berlin, K. S., **Sato, A. F.**, Hains, A. A., Davies, W. H., Smothers, M. K., Clifford, L. M., & Alemzadeh, R. (2007, April). *Type 1 diabetes Teacher Attribution Questionnaire: Measuring the attributions of adolescents related to self-care around their teachers*. Poster presented to the 2007 Regional Child Health Psychology Conference in Cincinnati, OH.
10. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Jastrowski, K. E., Clifford, L. M., Hains, A. A., Anderson, K., & Ladwig, R. J. (2005, April). *Occurrence and motivations for school avoidance in a community sample*. Poster presented to the Great Lakes Regional Conference on Child Health Psychology in Columbus, OH.
11. **Sato, A. F.**, Davies, W. H., Uihlein, J. A., Kravit, A., Anderson, K., Ladwig, R. J., Hains, A. A., Gaffrey, M. S., & Weisman, S. J. (2005, April). *Associations between family environment and perceived pain dismissal*. Poster presented to the Great Lakes Regional Conference on Child Health Psychology in Columbus, OH.
12. Kravit, A., **Sato, A. F.**, Davies, W. H., Uihlein, J. A., Jastrowski, K. E., Anderson, K., Ladwig, R. J., & Hains, A. A. (2005, April). *The reports of pain dismissal in adolescents with persistent pain and its effects*. Poster presented to the Great Lakes Regional Conference on Child Health Psychology in Columbus, OH.
13. Berlin, K. S., Jastrowski, K. E., **Sato, A. F.**, & Davies, W. H. (2005, April). *A proposed factor structure for the pediatric symptom checklist*. Poster presented to the Great Lakes Regional Conference on Child Health Psychology in Columbus, OH.
14. Berlin, K. S., Davies, W. H., Silverman, A. H., **Sato, A. F.**, Clifford, L. C., Woods, D. W., Fischer, E. A., & Rudolph, C. D. (2005, April). *A biopsychosocial model of pediatric feeding disorders*. Poster presented to the Great Lakes Regional Conference on Child Health Psychology in Columbus, OH.
15. Root, L., **Sato, A. F.**, & Witvliet, C. V. O. (2002, November). *Justice and forgiveness: Emotional effects*. Poster presented to the Midwestern Psychological Association Annual Meeting in Chicago, IL.
16. Witvliet, C. V. O., Root, L., **Sato, A. F.**, Hinze, S., & Hundt, A. (2002, October). *Justice and forgiveness: Emotional and physiological effects*. Poster presented to the Hope College Undergraduate Research Symposium in Holland, MI.

Conference Symposia and Invited Presentations

1. **Sato, A. F.** (2023, April). *Stress and Weight Management among Adolescents: Exploring the Role of Mindfulness*. Virtual Clinical Child Professional Development Series, Department of Psychology, University of Wisconsin – Milwaukee.
2. *Forth, E. L., *West, C. E., **Trizzino, O. N., & **Sato, A. F.** (2023, March). *Examining Associations Between Emotion Regulation, Perceived Stress, Emotional Eating, and Health-Related Quality of Life among Adolescents*. Oral presentation, Obesity Special Interest Group at the 2023 Society of Pediatric Psychology Annual Conference, Chicago, IL, U.S. (Also presented during a general conference poster session). Won Obesity SIG Poster Award

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3. *West, C. E., *Frank, M. L., Ruzicka, E. B., Darling, K. E., **Divine, M., & **Sato, A. F.** (2021, April). *Household Food Insecurity Exacerbates the Positive Association Between Depressive Symptoms and Loss of Control Eating in Low-Income Adolescents*. Oral presentation, Adolescent and Young Adult Special Interest Group at the 2021 Virtual Society for Pediatric Psychology Annual Meeting. (Also presented during a general conference poster session).
4. **Sato, A. F.** (2020, October). *Adolescent Eating and Weight Management Research in the Era of COVID-19: Challenges and Opportunities*. Brain Health Research Institute Virtual Conference, Kent State University.
5. **Sato, A. F.** (2019, July). *Adolescent Weight Management: Exploring the Role of Mindfulness*. Akron Children's Hospital. Sponsored by the Division of Adolescent Medicine.
6. *West, C. E., *Ruzicka, E. B., *Shields, C. V., Darling, K. E., & **Sato, A. F.** (2019, April). *Examining Associations between Food Insecurity and Binge Eating in Adolescence*. Oral presentation, Obesity Special Interest Group at the 2019 Society for Pediatric Psychology Annual Meeting, New Orleans, LA. (Also presented during a general conference poster session). Won Obesity SIG Poster Award
7. **Sato, A. F.**, Davies, W. H., Berlin, K. S., Hainsworth, K., & Weisman, S. J. (2009, April). *Measuring Global Impairment in Pediatric Chronic Pain: Examining the Overlap Between Functional Disability and Health-Related Quality of Life*. Oral presentation at the 2009 Midwest Conference on Pediatric Psychology in Kansas City, MO.
8. Berlin, K. S., **Sato, A. F.**, & Banks, G. (2012, November). *The Impact of Differential Body Mass Index Trajectories on Girl's Socioemotional Functioning from Kindergarten to Eighth Grade*. In **Sato, A. F.**, & Berlin, K. S. (Chairs) *Innovative Approaches to Enhance the Understanding and Treatment of Pediatric Obesity*. Symposium presented at the 2012 Association for Behavioral and Cognitive Therapies in National Harbor, MD.
9. Khan, K. A., Ladwig, R. J., Weisman, S. J., Hainsworth, K. R., **Sato, A. F.**, Ferrise, A. S., Hains, A. A., & Davies, W. H. (2006, June). *School Avoidance Among Complex Pediatric Chronic Pain Patients: Identification and Multisystemic Treatment*. Workshop presented at the 7th International Symposium on Pediatric Chronic Pain in Vancouver, BC Canada.
10. Berlin, K. S., **Sato, A. F.**, Jastrowski, K. E., Woods, D. W., Davies, W. H. (2006, November). *Effects of Experiential Avoidance on Parenting Practices and Adolescent Outcomes*. In K. S. Berlin & A. R. Murrell (Chairs) *Extending Acceptance and Mindfulness Research to Parents, Families, and Adolescents: Process, Empirical Findings, Clinical Implications, and Future Directions*. Symposium presented at the 2006 Association for Behavioral and Cognitive Therapies in Chicago, IL.
11. Hains, A. A., Davies, W. H., Berlin, K. S., **Sato, A. F.**, Micale, C., Kraemer, M., & Alemzadeh, R. (2005, March). *Attributions of Peer and Teacher Reactions by Youth with Diabetes to Adherence Situations*. Symposium presented at the 17th Annual University of Wisconsin-Milwaukee School of Education Research Conference in Milwaukee, WI.

University Teaching Experience

Instructor

Fall 2007,

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Spring 2008

Personality; PSYCH 205
Undergraduate level course
150 students (9/07 – 12/07); 250 students (1/08 – 5/08)
Supervision of 1-2 teaching assistants
University of Wisconsin-Milwaukee, Milwaukee, WI

Summer 2010,
Summer 2011

Personality: What Makes Us Who We Are?; CEPY 0917
Pre-college course, 25-30 students
Brown University, Office of Continuing Education, Providence, RI

Fall 2012 -
Fall 2019

Personality; PSYC 31282 and 41282
Undergraduate level course
~140 students in most sections
Supervision of 1 undergraduate teaching assistant in most sections
Kent State University, Kent, OH

Fall 2012-
Spring 2014
Fall 2018
Spring 2019
Fall 2021
Spring 2022

Clinical Practicum Supervision
Clinical supervision of 2nd and 3rd year clinical psychology graduate students
Kent State University Psychological Clinic, Kent, OH

Spring 2015
Spring 2019
Spring 2020
Spring 2022

Pediatric Psychology; PSYC 780391-001; 70382-001
Special Topics: Pediatric Psychology; PSYC 41495-001
combined grad and undergrad course
Pediatric Psychology Honors, PSYCH 20150, cotaught with 2 graduate students enrolled in Pediatric Psychology PSYCH 70382
Kent State University, Kent, OH

Fall 2018

Practicum in Diagnostic Interviewing; PSYCH 6/70592-001

Fall 2020-
Fall 2023

Intro to Psychological Therapy; PSYC 6/70371-001

Guest Lecturer

Health Psychology

Topic: Obesity Across the Lifespan: Childhood and Onward; 11/10
Worcester State University, Worcester, MA

Psychological Testing; PSYCH 414

Topic: Ethics; 2/07

University of Wisconsin-Milwaukee, Milwaukee, WI

Psychopathology; PSYCH 412

Dates: 8/06; 7/06; 11/05; 9/05; 2/05; 10/04

University of Wisconsin-Milwaukee, Milwaukee, WI

Experimental Child Psychology; PSYCH 660

Sato, Amy F.

Topic: Pediatric Pain; 6/06
University of Wisconsin-Milwaukee, Milwaukee, WI

Other Teaching

- Relaxation Training Seminar (4/9/13)*
2nd Year Clinical Psychology Student Practicum
Department of Psychology, Kent State University
- Orientation to Diversity (8/5/09)*
Clinical Psychology Internship Core Seminar Series
Alpert Medical School of Brown University
- Mental Health and Refugee Populations (5/19/10)*
Training Seminar for Rhode Island Hospital Refugee Interpreter
Health
Alpert Medical School of Brown University & RIH
- Postdoctoral Fellowships Overview (10/20/10)*
Clinical Psychology Internship Core Seminar Series
Alpert Medical School of Brown University

Research Awards Received by Graduate/Undergraduate Students Mentored by Dr. Sato

Selected graduate student research awards

- 2013 Amy Fahrenkamp, Under-Researched Population Award, Kent State University Applied Psychology Center
- 2014 Amy Fahrenkamp, APA Division 54 Diversity Poster Award, Division 54 Diversity Special Interest Group at the Society of Pediatric Psychology Annual Conference
- 2015 Katherine Darling, Judie Fall Lasser Graduate Psychology Research Award, Kent State University Department of Psychological Sciences
- 2016 Elizabeth Ruzicka, Bench to Bedside and Beyond Early Career Travel Grant, The Obesity Society Annual Conference
- 2016 Amy Fahrenkamp, APA Division 54 Diversity Poster Award, Division 54 Diversity Special Interest Group at the Society of Pediatric Psychology Annual Conference
- 2016 Amy Fahrenkamp, Jeannette and Lous Reuter Graduate Fellowship in Developmental Science, Kent State University
- 2016 Amy Fahrenkamp, Judie Fall Lasser Graduate Psychology Research Award, Kent State University Department of Psychological Sciences
- 2016 Elizabeth Ruzicka, APA Division 54 Student Diversity Poster Award, Society of Pediatric Psychology Annual Conference
- 2017 Katherine Darling, APA Division 54 Student Poster Award, Society of Pediatric Psychology Annual Conference
- 2017 Amy Fahrenkamp, APA Division 54 Student Poster Award, Society of Pediatric Psychology Annual Conference
- 2018 Elizabeth Ruzicka, Top 10 Abstracts Award, Awarded by The Obesity Society Research in Diverse Populations Section
- 2018 Elizabeth Ruzicka, APA Division 54 Student Diversity Poster Award, First Author, awarded by the Diversity Special Interest Group at the Society of Pediatric Psychology Annual Conference
- 2018 Caroline West, APA Division 54 Student Travel Award, awarded by the Society of Pediatric Psychology for the SPPAC

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- 2019 Clarissa Shields, APA Division 54 Diversity Poster Award, awarded by the APA Division 54 Diversity Special Interest Group at the Society of Pediatric Psychology Annual Conference
- 2019 Caroline West, APA Division 54 Obesity SIG Student Poster Award at the Society of Pediatric Psychology Annual Conference
- 2020 Miranda Frank, APA Division 54 Student Travel Award, awarded by the Society of Pediatric Psychology for the SPPAC
- 2020 Caroline West, Award for Best Poster at International Conference for Eating Disorders 2020, awarded by the *Journal of Eating Disorders*
- 2021 Caroline West, APA Division 54 Student Poster Award at the Society of Pediatric Psychology Annual Conference
- 2021 Caroline West, APA Division 54 Adolescent and Young Adult SIG Student Poster Honorable Mention at the Society of Pediatric Psychology Annual Conference
- 2021 Clarissa Shields, Jeanette and Louis Reuter Fellowship in Developmental Sciences, Kent State University
- 2021 Clarissa Shields, Judie Fall Lasser Graduate Psychology Research Award, Kent State University Department of Psychological Sciences
- 2021 Miranda Frank, APA Division 54 Obesity SIG Poster Award at the Society of Pediatric Psychology Annual Conference
- 2022 Caroline West, Student/Early Career Investigator Travel Fellowship, Cademy for Eating Disorders
- 2022 Caroline West, APA Division 54 Student Diversity Poster Award at the Society of Pediatric Psychology Annual Conference
- 2022 Caroline West, Jeanette and Louis Reuter Fellowship in Developmental Sciences, Kent State University
- 2023 Caroline West, David B. Smith Scholarship, Kent State University

Undergraduate student research awards

- 2020 Jordan Smith - KSU Office of Student Research, SURE Program Three Minute Thesis Competition
- 2021 Jessica Livingston, KSU Office of Student Research, Undergraduate Symposium on Research, Scholarship and Creative Endeavors, First Place - Psychology (April, 2021)
- 2023 Lindsay Scott, KSU Office of Student Research, Undergraduate Symposium on Research, Scholarship and Creative Endeavors, First Place - Psychology (April, 2023)

Service

Department/University Committees and Positions

- 2/23-5/23 **Strategic Planning for Diversity Committee**, Department of Psychological Sciences, Kent State University.
- 2022-2023 **Graduate Coordinating Committee**, Department of Psychological Sciences, Kent State University. Duties include reviewing student funding proposals (e.g., Lasser awards).
- 2022-2023 **Search Committee Member** for Tenure-Track Position (Clinical Child and Adolescent Psychology). Department of Psychological Sciences, Kent State University
- 01/20-08/20 **Interim Associate Chair**, Department of Psychological Sciences, Kent State University. Duties included assisting the Chair with tasks such as obtaining Kudos from the Departmental faculty; managing shared space requests and assisting with

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assignment of shared space; obtaining graduate student teaching evaluations; coordinating staff donation fund; obtaining information for a diversity website; assisting with selection of candidate for graduate student award endowed by Judy Lasser; and responding to/managing student complaints.

2019-2020 **Founding Member, Social Justice Committee**, Department of Psychological Sciences, Kent State University. Held meetings with local teachers/representatives from local schools to collaborate regarding the implementation of a project geared toward social justice. Worked with committee to evaluate possible psychoeducation tool for increasing awareness of social justice issues.

05/19-08/20 **Faculty Advising Committee** (non-voting member)

2017-2019 **Faculty Advisor and Representative, Multicultural and Diversity Committee**, Department of Psychological Sciences, Kent State University. Assist with planning of events, faculty liaison (05/19-05/20 after submission of materials for p & t)

2012-2014, **Undergraduate Coordinating Committee**, Department of Psychological Sciences, Kent State University.

2017-2018,

2021-2022

2012-present

Clinical Training Committee, Department of Psychological Sciences, Kent State University

2014-2015, **Applied Psychology Center Committee** (elected), Department of Psychological Sciences, Kent State University. Duties include reviewing funding requests submitted by faculty and students.

2018-2019,

2021-2022,

2022-2023

2012

Search Committee Member for Two Tenure-Track Positions (Social/Quant, and Social/Health). Department of Psychology, Kent State University

Other Department/University Service

10/2022 **Judge, Undergraduate SURE Three-Minute Thesis Competition**, KSU Office of Undergraduate Research. Reviewed and provided ratings of undergraduate SURE presentations for the Three-Minute presentation competition.

01/2021 **Grant reviewer, 2020 Pilot Grant Program, Blue Award**, Brain Health Research Initiative (BHRI). Provided written NIH-style critiques of grant applications, using format of feedback similar to R-mechanism, and participate in an NIH-style grant panel review.

01/2021 **Grant reviewer, 2020 Pilot Grant Program, Gold Award**, Brain Health Research Initiative (BHRI). Provided brief critiques addressing strengths and weaknesses of research grant applications.

12/2020 **Speaker, "Considerations/Experiences Regarding Postdoctoral Training,"** led by Drs. Sato and Himmelstein, Virtual Professional Development Series, Dept of Psychological Sciences, KSU. Presented overview of postdoctoral training pathways in psychology and review considerations related to the application process.

11/2020 **Judge, KSU Office of Student Research SURE Three-Minute Competition.** Role. Reviewed and provided ratings of undergraduate SURE presentations for the Three-Minute presentation competition.

05/19-5/20 **Faculty Host for International Visiting Scholar** Giane Bientenez Sprada, PhD, Associate Professor, Federal University of Parana, Dept of Nutrition, Brazil.

Aided Dr. Bientinez Sprada in connecting with other members of the KSU community (i.e., Department of Psychology Sciences and outside of the Department). Assisted Dr. Sprada in becoming acquainted with the University and Department (e.g., locating office space, introductions, setting up electronic accounts, computer access etc.). Assisted Dr. Sprada in developing a research project tailored to her unique interests and background, including support with the IRB process, for her visiting scholar experience.

- 03/2018 **Reviewer, KSU Office of Student Research SURE Applications.** Role: Provided ratings for Department of Psychological Sciences SURE applicant files based on likelihood of student success.
- 12/2017 **Moderator, Clinical Psychological Science Graduate Student Symposium,** Presented by the Clinical Psychology Science Training Committee. Presenters: B. Fusco, E. Jean, C. Obeldobel, and T. H. S. Seah.
- 04/2014 **Poster Judge, Undergraduate Research Day,** Kent State University
- 04/2013 Coordinated Department of Psychology child research labs to participate in a recruitment event at the Kent Expo, Kent, OH
- 10/2012 **Panelist for the “Academic Job/Post-Doc Forum”** within the Psychology Department at Kent State University

Service to the Profession (Extramural)

- 02/2023 **Student Poster Award Review Committee,** 2023 Div. 54/Society of Pediatric Psychology Obesity Special Interest Group
- 08/2022 **External reviewer,** Provided letter for a candidate being evaluated for promotion and track switch to the rank of Associate Professor, Research Scholar Track within the Department of Psychiatry and Human Behavior (DPHB) at The Warren Alpert Medical School of Brown University.
- 04/2022 **Stoll with a Mentor,** 2022 Div. 54/Society of Pediatric Psychology Obesity Special Interest Group, Society of Pediatric Psychology Annual Conference
- 04/2022 **Mentor for Mentorship Lunch,** 2022 Div. 54/Society of Pediatric Psychology Annual Conference
- 10/2021 **External Reviewer,** Provided letter for candidate seeking promotion to Associate Professor with tenure at the University of Cincinnati.
- 12/2021 **External Reviewer,** Provided letter for candidate seeking Associate Professor with tenure and Chair of the Department of Health Psychology at the University of Missouri.
- 3/2015 **Board of Editors,** reviewed chapter on Pediatric Asthma in M. C. Roberts and R. G. Steele *Handbook of Pediatric Psychology, 5th ed.*
- 3/2015 **Abstract Reviewer,** 2015 Annual Association for Behavior and Cognitive Therapies (ABCT) Conference in Chicago, IL.
- 2/2015 **Reviewer** for 2015 Society of Pediatric Psychology Eugene Walker Education Award and the Student Travels Awards to support student travel to present research at the Society of Pediatric Psychology Annual Conference at the American Psychological Association annual conference.
- 7/2014 **Abstract Reviewer,** for 2014 National Conference in Clinical Child and Adolescent Psychology in Lawrence, KS.

Sato, Amy F.

- 3/2014 **Abstract Reviewer**, 2014 Annual Association for Behavior and Cognitive Therapies (ABCT) Conference in Philadelphia, PA.
- 1/2014 **Reviewer** for Division 54 programming for the 2014 American Psychological Association Convention.
- 3/2013 Abstract Reviewer, 2013 National Conference on Pediatric Psychology in New Orleans, LA.
- 3/2013 **Reviewer**, Association for Behavioral and Cognitive Therapies (ABCT) Scientific Conference Submissions for the 2013 Annual ABCT Conference, National Harbor, MD.
- 2/2013 **Reviewer** for Society of Pediatric Psychology Eugene Walker Award and Student Travel Award presented at the 2013 National Conference on Pediatric Psychology, New Orleans, LA.
- 9/2012 **Panelist for “Academic Job Search” Panel Discussion**, Brown Medical School, Clinical Psychology Training Consortium. Led by Elizabeth McQuaid, Ph.D.
- 4/2012 **Reviewer** for Diversity Poster Award given at the 2012 Midwest Regional Conference in Pediatric Psychology in Milwaukee, WI.
- 2009-2010 **Mentor for the ALANA (African, Latino, Asian and Native American) Mentoring Program** of Brown University. Responsibilities include providing mentorship to ethnically diverse first year undergraduate students at Brown University.
- 2009-2011 **Member of the Department of Psychiatry and Human Behavior (DPHB) Diversity Committee** of the Brown Alpert Medical School. Responsibilities include Coordinate intern diversity survey formation, distribution, and feedback to committee; liaison to clinical psychology interns; create Diversity-Related Resources list for the Brown Clinical Psychology Training Consortium.
- 2008-2015 **APA Div. 54/Society of Pediatric Psychology Diversity Committee**. Responsibilities include Conference Liaison; reviewing posters for the SPP Diversity Poster Award; participating in Diversity Committee activities.
- 2007-2009 **Student Representative, APA Div. 54/Society of Pediatric Psychology**. Responsibilities include Member of the Division 54 Executive Committee; leading a 10-member Student Advisory Board; assisting with membership recruitment; planning student-oriented conference programming; coordinating the *On the Student Front* column in the *Progress Notes* newsletter; attending biannual Executive Committee meetings.
- 2007-2009 **Div. 54 representative to the American Psychological Association of Graduate Students (APAGS)**. Responsibilities include attend APAGS meetings at the American Psychological Association conferences and serve as a liaison to the Div. 54 student membership.
- 2004-2006 **Div. 54 Campus Representatives Network** student liaison, sponsored by the Society of Pediatric Psychology Student Advisory Board
- 2003-2005 **Member, Multicultural Committee**, Clinical Psychology Department, University of Wisconsin – Milwaukee